

Believing is seeing

By Michelle Robertson-Jones, sanctuary of angels

öBelieving is seeingö ó that is the way my four beautiful children have been bought up.

Before my very eyes, I see my 15 year old son, heading for the life he has set his heart upon since he was a little boy.

Dreams of playing songs from his heart to millions of people. His whole character changes on stage. He is alive. He is inspired by spirit ó his spirit.

To waste life, waiting for the physical to manifest before you believe, is a long and sad journey BUT to believe with all your mind and heart, brings the physical into your reality. A perfect journey of joy and blissful creation.

Alongside the Angels, the most powerful energy in my life has been affirmations.

Affirmations are a way of changing old ego patterns into something new and beautiful, allowing what no longer serves you to shift and transform into a higher energy. An energy aligned with that which we were created from ó Love and Joy.

Life does not change when we are stuck in lower energy thoughts, these are feelings such as anger, anxiety, stress, unforgiveness and so on. I am sure you know the ones. Ofcourse they are there for everyone as we have grown up in a society where these energies are accepted and promoted by TV, newspapers, and mills and doom novels.

We have the öchoiceö to change them. No one öaboveö is popping these lower energy thoughts, beliefs and feelings into your mind ó ego is.

Ego likes this control, thinks it knows a safer and better way but it is so restrictive, not only to you but the life you are living.

It is not difficult to change your thoughts, although ego will say it is. You are in control ó trust me.

We can at any point, choose a more positive thought by stepping back from a situation, taking a deep breath and saying öI choose Peace, I choose Love, I choose Joy because that is what I AM.ö

When you take these steps, the Angels and the Universe will work with you to bring you the peace, love and joy ó the higher energies that YOU were created from.

Whenever we are not aligned with higher energies, we are not our True Being.

All creation comes form feeling and believing in the higher energy you desire and öbe ó ingö it. It is wise words that tell us we have to BE, what we wish to see in the world.

So for example, if what you seek will bring you contentment, joy or love, then BE that essence that you desire. Be that contentment, be that love & picture it in your mind, feel it with your heart, know you are worthy of it, trust it, breathe it & become ONE with it & so it is.

Contentment, financial abundance, security cannot vibrate with you, if you do not vibrate with it.

So again, I say & watch your thoughts. Do not think lack or need, because lack or need is what you will manifest. Affirm & I attract contentment, abundance ... into my life because that is what I AM. When you feel yourself in low energy & breathe, picture a beautiful scene and re & affirm your desired outcome.

I am walking my talk. Everyday I walk along the seafront, chanting higher energy affirmations in my head as I march. It is a real buzz. I can feel my whole being change and have no doubt, that what I desire for my life is here with me now. Infinite patience will now allow that to manifest from spirit to physical matter in divine timing.

Today, after my morning march, I was stuck behind a van in traffic. I was clearly meant to read the logo on the van.

It was an image of one eye, radiating colours of light and below this image, I read -

& If you can imagine it, We can create it.

Thank you Angels *smile*

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